



Department of Yoga for Health Promotion

Yoga for Health Promotion A well-planned yoga Department shall be available in all the medical institution. This Department may be situated in college or hospital building.

- (a) Space for yoga instructor, supporting staff and equipment: forty square meters. (b) Staff qualification shall be as per the Third Schedule.
- (c) Teaching and non-teaching staff for the Department shall be required as per the following Table, namely: -

Designation

1. Yoga instructor Required number 02 (One male and one female)
2. Multi-Tasking Staff 01

01. Equipment

APPENDIX - 10 [(See clause (d) of sub-paragraph (13) paragraph -B of the First Schedule)]

Equipment required in Department of Yoga for Health Promotion

Sr. No	Particulars	Required	Available
01	Weighing machine	1	01
02	Height chart	1	01
03	BP instrument	1	01
04	Stethoscope	1	01
05	Torch	1	01
06	Hammer	1	01
07	Patient record register	1	01
08	Case taking proforma	as required	25
09	Diet chart pad	as required	04 BOOKS
10	Yoga mat	35	35
11	Yoga stretching belt	10	03
12	Yoga exercise ball	05	06
13	Belly twister	02	00
14	Fitness cycle	01	01
15	Palm ball	05	05



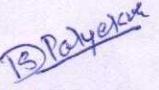
02. Accommodation

Sr. No	Description	Required	Available
01	Space	40 sq. m	27.20 sq. m

03. Staff

Sr. No	Description	Required	Available
01	Yoga instructor	02 One male One Female	01 Vacant One Female (Dr. Ms. D. S. Palyekar)
02	Multi-Tasking Staff	01	Vacant


 PRINCIPAL
 KES, LOKNETE ADV. DATTA PATIL
 HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL
 VENGURLA, MAIN ROAD VENGURLA
 DIST - SHIDHUDURGA 416316


 Dr. Ms. D. S. Palyekar
 Yoga Instructor
 Dept. of Yoga for Health Promotion